

## Positive Alternatives 2014 - 15 Quarterly Update

**Grantee: HIGHLAND LIFECARE CENTER**

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**Goal: Provide pregnancy testing; Provide pregnancy verification for Medical Assistance Eligibility; Provide material assistance; Provide financial assistance; Provide parenting education; Provide pregnancy education; Provide life skills education; Provide nutrition; Provide car seats; Provide cribs and sleep safety education; Provide ultrasound; Provide necessary services.**

**For the period: July 1 through September 30, 2015**

| <b>Activity or Service</b>                       | <b>Activity or Service Description</b><br><small>Major Work Plan Activities</small>                  | <b>Work Plan Count</b> | <b>Program Progress and Accomplishments</b><br><small>Report the progress and accomplishments made this period on each activity.</small>   | <b>Report Count</b> |
|--|--|------------------------|--|---------------------|
| <b>Car Seat Program</b>                          | Enroll clients in EWYL program; provide certified car seat instruction and testing; provide car seat | 5                      | Our car seat program continues to help clients receive a new car seat who do not have access to do so as well as learn life and parenting skills in the process. They also attend the car seat seminar.                                    | 11                  |
| <b>Crib Distribution/ Sleep Safety Education</b> | Enroll clients in EWYL program; provide sleep safety education and materials; provide pack-n-play    | 5                      | Our new pack-n-plays continue to help clients provide for their newborn babies while learning sleep safety education.  | 9                   |
| <b>Financial Assistance</b>                      | Provide assistance with applying for financial aid from other organizations                          | 5                      | Clients come to us for help with one time financial assistance when on an unpaid maternity leave or a medical issue related to the pregnancy. This one time help is often the bridge needed before they receive any government assistance. | 5                   |

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|--------------------------------------|---|------------------------|--|---------------------|
| <b>Life-Skills Education Program</b> | Provide life-skills education   | 20                     | This continues to be a good fit for those clients who wish to learn life skills while earning baby equipment.  | 83                  |
| <b>Material Support</b>              | Provide material assistance to women including clothes, diapers, and baby equipment   | 200                    | Material support continues to be an important part of our service to those in need as well as a source of clients for our Learn and Earn Program.  | 339                 |
| <b>Nutrition</b>                     | Provide prenatal vitamins; provide information on folic acid, WIC and nutrition education information to pregnant women             | 20                     | All clients with a positive pregnancy test, and a few clients who come to us already pregnant, are offered this service from us.   | 11                  |
| <b>Parenting Education</b>           | Provide client intake and assessment; enroll in program; meet individually with clients to complete assignments; provide incentives | 25                     | All new client intakes are given the opportunity to enroll in our Learn and Earn program and receive baby equipment. They meet individually with the Learn and Earn Specialist.                  | 48                  |
| <b>Pregnancy Education</b>           | Provide pregnancy information, education or referrals   | 15                     | All clients with positive pregnancy tests receive this information according to their needs and desires.   | 18                  |
| <b>Pregnancy Testing</b>             | Provide assessment for program eligibility; pregnancy counseling and testing; provide resources and referrals                       | 50                     | Pregnancy test clients are provided medically accurate information about their pregnancy options. Our trained staff provide emotional and practical support and referrals to necessary services. | 55                  |

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|--|---|------------------------|--|---------------------|
| <b>Provide Necessary Services Assessments Only</b> | Staff provides clients only intake assessments, information on, referral to and assistance with securing necessary services | 2                      | All new clients to our center receive an intake assessment if they wish to receive our services including sources and referrals to the necessary services.   | 39                  |
| <b>Ultrasound</b>                                  | Verify pregnancy; provide ultrasound intake, ultrasound and follow-up services  | 25                     | Most clients who have a positive pregnancy test take advantage of our free ultrasound service. The decrease in number could be attributed to an overall lower rate of positive pregnancy test results. | 13                  |

| <b>Maternal and Child Health Initiative Task Force Strategies</b>   | <b>No.</b> |
|---|------------|
| <i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>                     | 11         |
| <i>Number of women who received car seat safety education only from a PA funded program activity</i>                              | 0          |
| <i>Number of women who received child abuse prevention education from a PA funded program activity</i>                            | 0          |
| <i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>      | 0          |
| <i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i> | 9          |
| <i>Number of women who received sleep safety education only from a PA funded program activity</i>                                 | 0          |

**Challenges:**

**Comments:**